Should we communicate about emerging risks?

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# Want to know how to best communicate on an emerging









## **INTERACTIVE, PARTICIPATORY SOCIETY**





AT THE END OF THIS TALK

## Should we communicate on emerging issues?

Effective communication





## Risk Communication

- Emerging risks
- Case studies
- Conclusions

## **Risk Communication**



## **RISK COMMUNICATION**







#### **PURPOSE OF RISK COMMUNICATION – FOOD SAFETY**

## **IMPROVE** PEOPLE'S HEALTH STATUS AND LIFE

Providing the public appropriate information to

make sound choices

Being Consistent with the science

Being Accurate – benefits and risks





## TWO WORLDS, TWO LANGUAGES

#### Facts

Science Data Rationale Methodologies

. . . . .

#### **Perception**

Culture Beliefs Behaviors Faith Vested interest Not logical...







## **KEY ACTORS INVOLVED**

## Risk Management

## Risk Assessment

## Risk Communication



## **RISK COMMUNICATION A RISKY MIX?**





## SCIENTIFIC ASSESSMENT TODAY



- More complex problem formulation
- More sensitive detection equipment
- More options alternative testing
- More refined tiered assessment approaches
- More demands for openness & transparency
- Higher degree of uncertainty



## **RISK TODAY**

- More questions to address
- More types of expertise required for the assessment
- More components measured in less time at ultra-trace levels
- **Big** datasets for assessment of exposure and toxicity
- More evidence to evaluate dose-response
- Open science, open data, crowdsourcing literature review



#### **CONFUSION: MORE HAS NOT ALWAYS MEANT BETTER**

Scientists, themselves, don't always agree on what constitutes scientific evidence sufficient to warrant changing recommendations to the public

Improving Public Understanding: Guidelines for Communicating Emerging Science on Nutrition, Food Safety, and Health, J Natl Cancer Inst (1998) 90 (3): 194-199.<sup>16</sup>





## "The risks that kill you are not necessarily the risks that anger and frighten you."

Peter M. Sandman



THERE IS NO DEMOCRACY IN RISK PERCEPTION

## Personal experience affects people's assessment of the severity of diseases and

## importance of prevention

Making sense of perceptions of risk of diseases and vaccinations: a qualitative study combining models of health beliefs, decision-making and risk perception, BMC Public Health (2011) 11: 943

The government is – not doing enough?

The food industry is trying to kill us all!

This food is full of dangerous additives!

## This pork is full of antibiotics!

Is there any more courses? I'm still hungry



#### GOALS

## Understand

consumer perception of food and food safety risks

## Bridge the gap

between

science and the consumer Synergic promotion and dissemination consistent messages





## THE GOOD NEWS!!!! TRUST THE LAB COAT





#### **BRIDGE - CLARIFY YOUR LANGUAGE**

KTT K	<b>f</b>						31 Calendar	English (en)
uropean Food Safety Authority							Search site	Q
About 🗸	News 🗸	Discover 🗸	Science 🗸	Publications 🗸	Applications $\checkmark$	Engage 🗸		

Home Glossary

#### Glossary

#### AII A B C D E F G H I L M N O P Q R S T U V W Z

#### acceptable daily intake

An estimate of the amount of a substance in food or drinking water that can be consumed over a lifetime without presenting an appreciable risk to health. It is usually expressed as milligrams of the substance per kilogram of body weight and applies to chemical substances such as food additives, pesticide residues and veterinary drugs.

#### active substance for pesticides

A substance that acts against harmful organisms, such as pests or diseases, which affect plants.

#### acute exposure

A one-off or very short term exposure to a substance, usually less than 24 hours.

#### adequate intake

A dietary recommendation used when there isn't enough data to calculate an average requirement. An adequate intake is the average nutrient level consumed daily by a typical healthy population that is assumed to be adequate for the population's needs.

**Emerging risks** 







### THE RIDDLE

## fearing to create unnecessary worries and/or panic

## having to inform the public

## **Case studies**



#### **CASE STUDY 1 : CIGUATERA – A MARINE TOXIN**



Mainly in warm coral reefs waters. Increasing incidence in nonendemic areas is tropicalisation scenario of the Mediterranean Sea?



### **COMMUNICATIONS: PARTNERS AND STAKEHOLDERS**

## PARTNERS

- Member States
- Emerging Risks Exchange Network
- International partners

## STAKEHOLDERS

Industry, Consumers, Scientific fora



**KEY MESSAGE - PUBLIC AND MEDIA** 

## FIGHTING CIGUATOXIN FOOD POISONING -EUROPEAN SCIENTISTS JOIN FORCES



## **EUROPEAN SCIENTISTS JOIN FORCES**

#### **FIGHTING CIGUATOXIN FOOD POISONING**





## FRAMING RISK PERCEPTIONS : THE MEDIA



## **EcoDiario.es**

EFSA signs 4-year project to combat Casi 100 personas se han intoxicado en espana en los últimos seis anos ciguatoxin food poisoning

## **El Confidencial**

## por ingerir peces que se alimentan de coral

España lidera convenio europeo para ver riesgo de intoxicación por ciguatera

## europa press

España trabajará para determinar el riesgo de intoxicación por ingesta de peces que viven en arrecifes coralinos

> Institute of Food Science + Technology SCIENTISTS JOIN FORCES TO TACKLE CIGUATOXIN FOOD POISONING



España trabajará para determinar el riesgo de intoxicación por ingesta de peces que viven en arrecifes coralinos

## aecosan

eguridad alimentaria y nutrición

En marcha el Proyecto de EFSA relacionado con la presencia de Ciguatoxinas en Alimentos



#### **SOME FIGURES**

## **General stats on the webpage**

**Top country** Spain (22%) Italy (14.18%) Portugal (14.18%)

**Social Media** 



809 views (avge 354)

1.78%

0.92%



## WHAT WE HAVE LEARNED SO FAR

- Nurture relations with Member States, stakeholders, academia and international partners
- Use appropriate tools
- Develop international guidance for effective communication on emerging issues
- Use of ambassadors face



#### **CASE STUDY 2: MICRO- AND NANO-PLASTICS IN FOOD**

## Microplastics and nanoplastics in food – an emerging issue

There is global interest in the impact of plastic waste in seas and waterways on natural habitats and wildlife. EFSA has taken a first step towards a future assessment of the potential risks to consumers from microplastics and nanoplastics in food, especially seafood.



Dr Peter Hollman

Dr Peter Hollman was a member of the working group that helped EFSA's Panel on Contaminants in the Food Chain (CONTAM) to draft its Statement on microplastic and nanoplastic particles in food. Dr Hollman is senior researcher at RIKILT research institute and associate professor for Nutrition and Health, both at Wageningen University in The Netherlands. His

research includes work on the occurrence, analysis and toxicity of micro- and nanoplastics.

#### Subject area

Chemical contaminants

#### CONTAM

Panel on Contaminants > in the Food Chain

#### **Related topics**

Contaminants in food and **,** feed

Nanotechnology

#### **Related News**

Furan in food – EFSA

confirms health concerns



## **MICRO- AND NANOPLASTICS: SOCIAL & MEDIA COVERAGE**



Following

It's **#WorldOceansDay**! we looked at potential risks from floating plastic waste fragmented into smaller pieces bit.ly/2si819A



1:01 am - 8 Jun 2017



## Stats (since 23/06/16)

Website: 9k sessions

USA (15%)

Traffic: 40% Google 30% EFSA newsletter, 20% direct links (e.g. EC website)

Social: 40% Twitter, retweeted e.g. World Oceans Day (June 2017)

fishfarmingexpert





#### **MICRO- AND NANO-PLASTICS: IMPACT**

- Establishing research needs especially regarding data on nanoplastics for future assessment
- Creating **aWareness** for risk managers and the public that EFSA is a source of expertise
- Clarify scope of EFSA's work on microplastics and nanoplastics in food
- Use of ambassadors expert/face



#### **CASE STUDY 3: RISKS FROM APRICOT KERNELS**

## Apricot kernels pose risk of cyanide poisoning

"Eating more than three small raw apricot kernels, or less than

half of one large kernel, in a serving Can exceed safe

**EVELS**. Toddlers consuming even one small apricot kernel risk

being over the safe level."



## **RISKS FROM THE CONSUMPTION OF APRICOT KERNELS**



Europe's food safety watchdog warns the latest 'superfood' contains a compound that is converted to cyanide in the body at harmful levels



## The Telegraph

Eating apricot kernels can kill you, Government warns



## Amandes d'abricot : le risque d'empoisonnement au cyanure



### **MICROPLASTICS AND NANOPLASTICS IN FOOD**



#### Stats (since 26/04/16)

English: USA (spike in Sep `17) Website: 30.1k sessions

Traffic: 70% Google 20% EFSA newsletter

French: France (Jun-Aug `17)

Website: 42.4k sessions

Traffic: 90% Google 10% Facebook



#### **CASE STUDY 4: EDIBLE INSECTS**

## **Insects as food and feed: what are the risks?** EFSA **risk profile** of potential biological and

chemical hazards as well as allergenicity and

environmental hazards associated with the USE

## of farmed insects as food and





## **EDIBLE INSECTS: MEDIA COVERAGE**





## EDIBLE INSECTS: SOCIAL COVERAGE



### **Stats (since 08/10/15)**

Website sessions: English 13.1k and Italian 4.1k

UK, Italy

Source: 70% Google, 20% direct links (e.g. other websites)

Social: 40% Twitter

### **Re-promoted July 2017 with EFSA video on novel foods**



You Tube 3,6k views

## Conclusions



## **IT'S A CONVERSATION, NOT A BROADCAST**

- Engage in conversation and people might
- change their minds
- Engage with communities/citizens
- Avoid one-way evidence-based communication
- Build relationships with people who already
- have trust/channels into your audience
- (including your own staff)

## Fail to engage, and you lose credibility



## THE SOLUTION?



## Silence and failing to engage creates a vacuum

Rumor and false information create panic

Use the opportunity to speak

## Fill the vacuum

Do not allow others to spread miss-truths/ speculate

## The real risk is doing nothing



## **TO BUILD THE BRIDGE**





## Understand the perception of your target audience

Contextualise, clarify, use the same language



Build a bridge science- citizens create synergies



## **REMEMBER, FILL THE GAP**







**Evading** science communication simply because it is difficult, time-consuming or not important enough reflects more on how much scientists value their own work and its place in posterity.